

Report
On
A Special Lecture
Topic-Excellence in karma is Yoga
Organized by
Department of Sanskrit & Physical Education
Srikrishna College

Report Submitted by
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Introduction

Yogah Karmasu Kaushalam” refers to the therapeutic and philosophical conversation that took place between Lord Krishna and Arjuna, his cousin, friend and his follower, on Karma-yoga.

The background of this conversation is on the succession of the Hasthinapur dynasty, and the question is, “Who has the right to inherit and govern it: the Pandavas or Kauravas?

When all attempts to peacefully resolve the succession dispute failed, war seemed the only option. Both families accepted the option; the Pandavas reluctantly and Kauravas rather gleefully. And that was how the historic war of the *Mahabharata* started.

When, as warriors, the Pandavas and Kauravas stood face-to-face in the battle field, Arjuna spotting some of his most beloved and revered elders standing on the enemy side became nervous.

Krishna, who had agreed to pilot Arjuna’s chariot in the battle field, noticed his friend looking pale with the thought of not only killing the *Kauravas*, but even fighting his elders to protect his rights.

Krishna encouraged Arjuna to stand up and fulfill his karmic obligation (*dharma*) and protect the dynasty from the morally reprehensible and evil *Kauravas* with the following words:

“Person disciplined in mental attitude leaves behind both good and evil deeds in this world. Discipline thyself into performing your duty; excellence in action is yoga.” —*Bhagavad Gita*;
Ch. 2; 50

said I feel obliged to explain what karma means the India philosophy, as the word has been much too commercialised in the western world

Cover page of the program



A Special Lecture

on

योग: कर्मसु कौशलम् (Excellence in karma is Yoga)

Organized by

Department of Sanskrit

Srikrishna College

(Affiliated to University of Kalyani)

Bagula, Nadia, West Bengal, India

Accredited by NAAC: Grade 'B' (2nd cycle)

PRINCIPAL

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--:Speaker:--

Dr. Madhusudan Das

Project Assistant

**Nava Nalanda Mahavihara,
Nalanda, Bihar**



HOD & CONVENOR

Mr. Rajib Sinha



--:Speaker:--

Indrarup Roy Chowdhury

Advisory Board Member

**Hiranyagarbhaya Vedic and
Yogic Institute,**

DATE:- 24th Sept, 2022

TIME:- 11:30 P.M-1:00 P.M

Venue:- ICT(ROOM-3)

ORGANIZING COMMITTEE

Mrs. Sudeshna Roy

Mrs. Manjusha Chakraborty

Mr. Amit Kr. Mondal

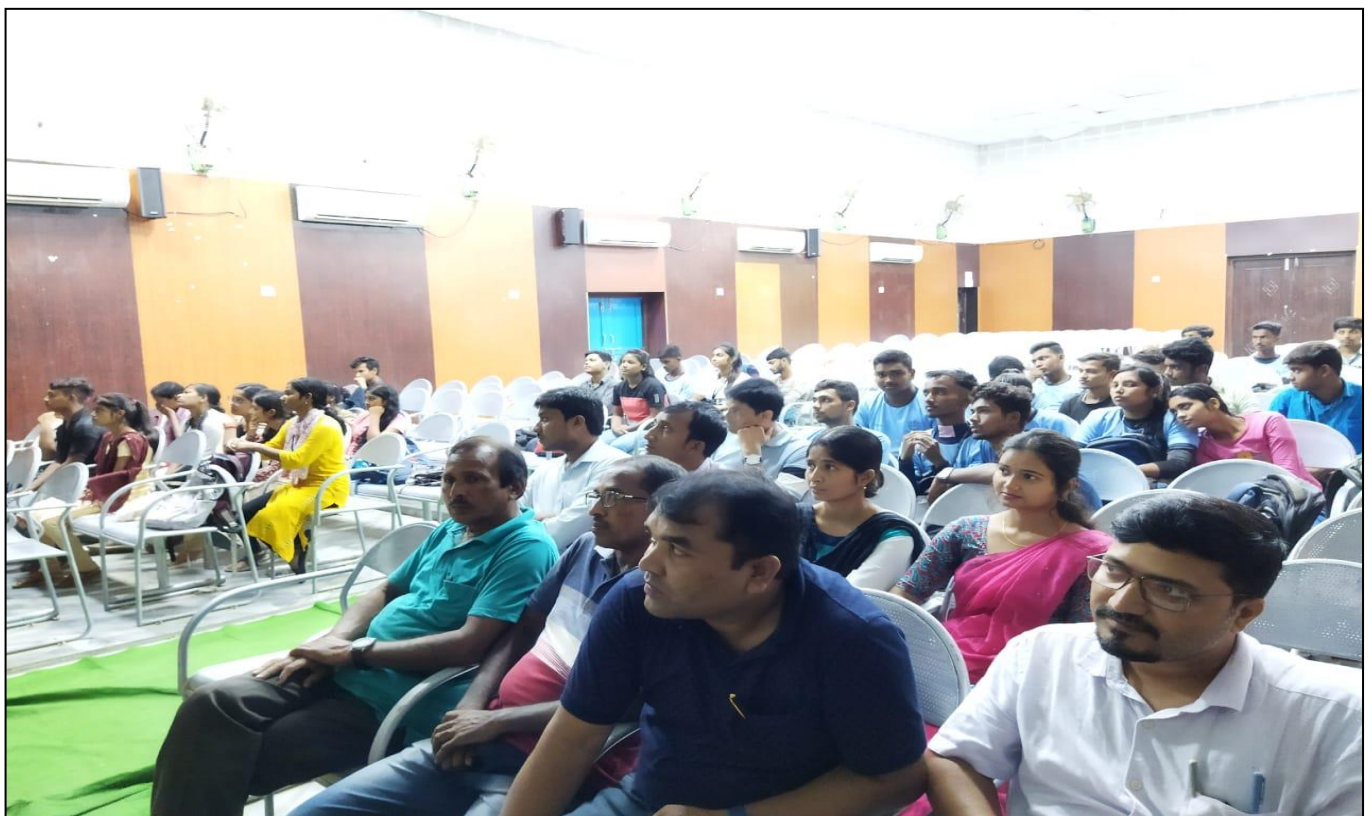
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Some Pictures







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